

11th Step Recovery Retreats

Learn to Meditate and/or Deepen your Practice

ALL WELCOME no experience necessary

Fri 19 March 2010 7:00pm Sun 21 March 2010 4:00pm \$180/\$130

Fri 15 October 2010 7:00pm Sun th-17 October 2010 4:00pm \$180/\$130

At The beautiful Vijayaloka Retreat Centre on the Georges River
7 Howard Road Minto Heights Australia

<http://www.sydneybuddhistcentre.org.au/vijayaloka/>

To book Email: info@sydneybuddhistcentre.org.au or call 02 9519 0440
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