

Recovery Meetings - USA

San Francisco, CA

Venue: San Francisco Zen Center

Day: Mondays

Time: 7:30pm - 9:00pm

Type: Sitting & Discussion Group for People in Recovery

Address: 300 Page Street, San Francisco, CA 94102

Other info: This is a drop-in group, started in 2000, for those interested in exploring the connection between Buddhist teaching and practice and recovery work. Although we are based on a 12 Step model, everyone is welcome, including friends and family members of people in recovery. The evening includes a short meditation instruction, 20 minutes of silent mediation, a talk and an open discussion. The group is led by Buddhist practitioners in recovery. By donation.

Check the [SFZC](#) website for retreats and other offerings for people in recovery.

Contact: Phone (415) 863-3136 Email ccoffice@sfzc.org
Web site www.sfzc.org

Venue: San Francisco Zen Center

Type: Sangha in Recovery, 2011-2012

Address: 300 Page Street, San Francisco, CA 94102

Other info: The San Francisco Zen Center is offering, in three trimesters, a yearlong experience of Sangha for people in recovery.

Those who join this group will commit to the practice of meditation three times a week (either at home or in a formal setting), attending a class on basic Buddhist concepts, meeting together and individually with the organizing teachers. Other opportunities will be offered throughout the year as electives.

This program is open to anyone in recovery from substance abuse or behavioral disorder. We ask that you be already involved in a recovery program and that you have a minimum of a year of continuous sobriety. Sangha in Recovery is not meant to replace, but to augment, our efforts elsewhere.

The year will be divided into three trimesters and the events scheduled to accommodate working people. The fees listed cover the class, the group meetings and meetings with teachers for the first trimester. The elective events are offered at a reduced rate for those enrolled in Sangha in Recovery.

For more information go to the [SFZC](#) website.

Contact: Outreach Coordinator Jeffrey Schneider. Phone (415) 354-0379

Venue: Hartford Street Zen Center
Suburb/District: Castro district
Day: Fridays
Time: 7:30pm - 9:00pm
Type: Buddhist Recovery Meeting
Address: 57 Hartford St, San Francisco (Castro district)
Other info: The format is the same as our Monday meeting at the Zen Center but the group is smaller than the one at Zen Center, more intimate with between 20 and 30 people each week.
All recovery backgrounds are welcomed.
Contact: Email timothywicks@comcast.net

Venue: Hartford Street Zen Center
Suburb/District: Castro district
Day: Every first Thursday of the month
Time: 7:15pm - 8:45pm
Type: Women's Meditation & Recovery Sangha
Address: 57 Hartford St, San Francisco, CA (Castro district)
Other info: Co-leaders: Laura B (25+ year recovery, Lay Entrusted by Linda Ruth Cutts) and Cynthia K (25+ years recovery, Dharma Transmitted by Darlene Cohen)
Format: Meditation, dharma/recovery talk/discussion/meditation
All recovery lineages welcome
Established April, 2010
Contact: Email cynthia.kear@gmail.com