

Recovery Meetings - USA

Santa Cruz, CA

Venue: Land of Medicine Buddha

Suburb/District: Soquel

Day: Wednesdays

Time: 6:30pm - 7:30pm

Type: 12 Steps Buddhist Discussion Group

Address: (Memorial Shrine Temple) 5800 Prescott Road, Soquel, CA 95073

Other info: The 12 steps Buddhist Discussion group is a non-profit fellowship of men and women for whom addiction has become a problem. We are recovering addicts who meet regularly to help each other stay clean. Our primary purpose is to provide a forum and fellowship to help us integrate Buddhist practices with 12 step recovery programs.

This is a closed meeting for addicts in recovery.

Contact: Email office@medicinebuddha.org
Web site www.medicinebuddha.org/healing.htm

Venue: Land of Medicine Buddha Retreat Center

Suburb/District: Soquel

Day: Sundays

Time: 5:00pm - 6:00pm

Type: Open AA Meeting

Name: Conscious Contact Meditation Meeting

Address: 5800 Prescott Road, Soquel, CA 95073

Other info: Meeting is divided into three segments: reading (from either Big Book, 12 x 12, or Spiritual Awakenings [Grapevine excerpts]); discussion; 20-minute meditation. Meeting has been held since 2006, regular attendance approx. 20-25 persons.

Contact: Tom W. Email watkriege@cruzio.com

Venue: Calvary Episcopal Church

Day: Monday - Friday daily

Time: 11:00am - 12 noon

Type: "Sought Through Meditation" - Open AA meeting

Address: Calvary Episcopal Church "Fireside Room", 532 Center St., Santa Cruz CA 95060

Other info: Sought Through Meditation is an open meeting of Alcoholics Anonymous, dedicated to the practice of meditation in an AA meeting setting. It offers an opportunity to share the experience, strength and hope of the 11th Step. All are welcome who are interested in improving their conscious contact with the God of their understanding.

Format: 30 minute silent meditation followed by general discussion/sharing.

The meeting began 3/2/09. Usual attendance 8-10 people.

Contact: Phone Tom Watson (831) 426-2268
Email watkriege@cruzio.com

Venue: Santa Cruz Zen Center

Day: Fridays

Time: 6:45pm - 7:45pm

Type: Ordinary Recovery

Address: 115 School Street, Santa Cruz, CA 95060

Other info: Sponsored by the Santa Cruz Zen Center, the group began November 6, 2009, and meets in the Zendo.

This is a group for people working with recovery and the addictive mind. Sessions consist of 20 minutes of meditation, a reading and short talk, followed by open discussion.

The group is open to all addictions and those interested in integrating all modes of addiction recovery practice, including 12-step work, with Zen Buddhism.

Contact: Phone JP (831) 457-0206
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