

Recovery Meetings - United States

New York City - NY

Venue: New York Insight Meditation Center

Days: Monday (first Monday of each month)

Time: 7:00pm - 9:00pm

Type: Addiction and Recovery

Address: 28 West 27th Street, New York City, NY 10001 - 10th floor

Other info: The Buddha and Bill W. The meetings will include Buddhist meditation practices, interactive exercises, dharma talks and discussion. Meeting facilitated by Sandra Weinberg.

2500 years ago the Buddha said craving and attachment is the cause of suffering. In the 1930's Bill Wilson started the first Twelve Step program that worked with a deep form of craving and suffering: addictions. In these monthly meetings, we will explore the ways that Buddhism and the Steps support and complement each other and can deepen our spiritual lives. The meetings will include Buddhist meditation practices, interactive exercises, dharma talks and discussion. The evenings are open to all who are interested. You need not be in a Twelve Step program nor have a background in Buddhism. The fee is by donation.

Contact: Phone - (212) 213-4802 Email - nyinsight@earthlink.net

Website - www.nyimc.org