## **Recovery Meetings - New Zealand**

## **Christchurch - Canterbury**

**Venue:** St Albans Tennis Club

**Suburb:** St Albans

**Days:** Fridays

**Time:** 7:15pm - 8:45pm (please arrive at 7 for a prompt start at 7:15)

**Type:** Buddhist Recovery

Address: 37 Dover St., St Albans, Christchurch, Canterbury 8014 - (On street parking, 2

disabled bays on site)

Other info: Weekly meeting where we explore how the insights offered by the teachings of

the Buddha can help in the process of recovery from addiction.

The meetings are **open** to all who have a personal interest in the AA 12 Step

recovery process, and the Buddhist teachings.

There is no charge: the meetings work on a dana/koha basis.

**NOTE**: we will soon be meeting in new premises. Check our website for up top

date news!

**Contact:** Email - <u>buddhistrecoverychristchurch@gmail.com</u>

Website - www.opendhamma.org.nz