

Recovery Meetings - New Zealand

Christchurch - Canterbury

Venue: St Albans Community Centre

Suburb: St Albans

Days: Fridays

Time: 7:15pm - 8:45pm (please arrive at 7 for a prompt start at 7:15)

Type: Buddhist Recovery

Address: 34 Dover St, St Albans, Christchurch, Canterbury 8014 - (On street parking, 2 disabled bays on site)

Other info: Weekly meeting where we explore how the insights offered by the teachings of the Buddha can help in the process of recovery from addiction.

The meetings are **open** to all who have a personal interest in the AA 12 Step recovery process, and the Buddhist teachings.

There is no charge: the meetings work on a dana/koha basis.

NOTE: we will soon be meeting in new premises. Check our website for up to date news!

Contact: Email - buddhistrecoverychristchurch@gmail.com

Website - www.opendhamma.org.nz