

# Recovery Meetings - USA

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## Sacramento - CA

**Venue:** Lion's Roar Dharma Center

**Days:** Wednesdays

**Time:** 10:00am - 11:30am

**Type:** Mindful Recovery

**Address:** 3240 B Street, Sacramento, CA 95816 - (Enter through the parking lot side door)

**Other info:** Mindful Recovery and Healing is unique in several ways from the traditional 12 step recovery format that many people have encountered. This meeting incorporates the healing aspect of Medicine Buddha practice through prayers, visualization, mantra recitation and meditation.

Learn more by visiting the [Mindful Recovery Programs and Activity](#) page.

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