

# Recovery Meetings - United States

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## Minneapolis - MN

- Venue:** Minnesota Zen Meditation Center
- Days:** Thursdays
- Time:** 7:00pm - 8:15pm
- Type:** Buddhism and the 12 Steps of Recovery
- Address:** 3343 East Calhoun Parkway, Minneapolis, MN 55408
- Other info:** The group explores some of the basic teachings of Buddhism and their reflection in the twelve steps. Each session begins with a period of meditation followed by a brief presentation and discussion. Anyone who wants to support a 12-step program with a deepened understanding of meditation and Buddhism is welcome. Donations welcome. No pre-registration required.
- Contact:** Phone - (612) 822-5313 Email - [info@mzencenter.org](mailto:info@mzencenter.org)  
Website - [sites.google.com/site/recoverymeeting/](https://sites.google.com/site/recoverymeeting/)