Out of the Mud Intersangha - EN

**Type:** Recovery Dharma: (90min) All Parts Are Welcome | RD meditative practice

**Venue:** Online

**Days:** Friday

**Time:** 8:00pm

**Other info:**
(90min) All Parts Are Welcome | RD meditative practice
Similar to "Internal-ish Famly-ish Systems-ish" but with different words!
For example, "A part of me has a craving, a part of me wants to abstain, and another part feels guilty."
(Out of the Mud Intersangha) Parts Work

Meeting URL
Meeting Id: 88372297809
Password: 1989

**Contact:** Email - RdAllParts@gmail.com
Website -
https://zoom.us/j/88372297809?pwd=b3Z0QkR2d3Y0RVJRbzlINkd1VVR3dz09
or https://recoverydharma.org