

# Recovery Meetings - United States

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## Redwood City - CA

**Type:** Buddhism and 12 Step Support Group

**Venue:** Insight Meditation Center (IMC)

**Days:** 2nd Sunday of every month

**Time:** 7:30pm - 9:00pm

**Address:** 108 Birch Street, Redwood City, CA 94062

**Other info:** Group discussion and study exploring the Twelve Step program and Buddhist practice through Kevin Griffin's book, *A Burning Desire: Dharma, God and the Path of Recovery*.

Includes 30 minutes meditation, reading, and open discussion. Everyone welcome.

Facilitated by Jennifer Lemas, a longtime practitioner at IMC

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