

Recovery Meetings - United States

Seattle - WA

Type: Morning meditation & recovery group

Venue: Seattle Area Support Groups (SASG)

Suburb: Capitol Hill

Days: Sundays (weekly)

Time: 10:00am - 11:00am

Address: 115 15th Ave E, Suite 201, Capitol Hill, Seattle, WA 98112

Other info: Join us as we support each other in developing a daily meditation practice and share the challenges and celebrations of a life of sobriety. We welcome all from any recovery path or Buddhist tradition. Just bring your interest in Buddhist practice and learn how meditation can enhance your current recovery program.

This group is supported by Northwest Buddhist Recovery
www.nwbuddhistrecovery.org.

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