Recovery Meetings - United States

Letting Go - CA

Type: Recovery Dharma: (75 min) Letting go of substances, anger, resentment, ill will, and shame

Venue: Online

Days: Tuesday

Time: 9:00am

Other info: (75 min) Letting go of substances, anger, resentment, ill will, and shame
Cultivating metta, acceptance, compassion, emptiness of self

Meeting URL
Meeting Id: 842 3194 3989
Password: letgo

Contact: Email - stan.loll@gmail.com
Website -
http://zoom.us/j/84231943989?pwd=TmhWMTqweGF5VFhBOU5UNXNJVMVKZz09 or https://recoverydharma.org