Recovery Dharma: (90min) On The "ISM"s... [-] Noble Silence [-]
I take a vow of silence for Tuesdays so I’ll be meditating for the duration of the meeting. I encourage you to join me!
Alternatively, if someone has a burning desire, by all means, bring it up to the group for discussion. [-] There are birds that live with me. It is rare, but please be patient if they decide to share their loud opinions. [-] Dial-in: (570) 481-1260. PIN: 289 826 746#

Meeting URL
Meeting Id: http://meet.google.com/bwd-ibet-ewm
Password: Waiting Room

Contact: Email - john@mindfulcode.dev
Website - http://meet.google.com/bwd-ibet-ewm or https://recoverydharma.org