Recovery Meetings - Telephone - Online

**Type:** Recovery Dharma: (75 min) Letting go of substances, anger, resentment, ill will, and shame

**Venue:** Online

**Days:** Tuesday

**Time:** 9:00am

**Other info:** (75 min) Letting go of substances, anger, resentment, ill will, and shame
Cultivating metta, acceptance, compassion, emptiness of self

**Meeting URL**
**Meeting Id:** 842 3194 3989
**Password:** letgo
**Language:** English

**Contact:**
Email - stan.loll@gmail.com
Website -
[http://zoom.us/j/84231943989?pwd=TmhWMTgweGF5VFhBOU5UNXNJVmVKZz09](http://zoom.us/j/84231943989?pwd=TmhWMTgweGF5VFhBOU5UNXNJVmVKZz09) or [https://recoverydharma.org](https://recoverydharma.org)