

Recovery Meetings - United States

Steamboat Springs - CO

Type: Steamboat Meditation Recovery Group

Venue: **The Buddhist Center of Steamboat Springs**

Days: Thursday

Time: 5:30pm - 6:30pm

Address: 2250 Copper Frontage RD #201, Steamboat Springs, CO 80477

Other info: This welcoming meeting explores recovery through meditation (15- 20 min), book study and open discussion.

Open to all faiths and addictions.

Currently studying, 'The 12 Step Buddhist', by Darren Littlejohn.

This is not an AA/NA meeting and is not intended to replace a 12 step program.

Free (donations are appreciated).

Note that we are not affiliated to The Buddhist Center of Steamboat Springs.

We feel that it's important to extend our recovery support and fellowship beyond just the four walls of the Buddhist Ctr, we are working to start promoting some outdoor activities such as; hiking, skiing, mtn biking and other various activities.

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