

Recovery Meetings - United States

Nashville - TN

Type: Dharma practice and study group

Venue: **Embracing Simplicity Nashville**

Days: Sundays

Time: 6:30pm - 8:00pm

Address: 100 Taylor Street, Nashville, TN 37208 - B-8

Other info: Embracing Simplicity Nashville offers meditation, dharma study and support for your recovery from the phenomenon of suffering (mental anguish) and the conditions that give rise to suffering. No affiliations required or excluded. Its founding teacher is a Dharmacharya and Lay minister of the Embracing Simplicity Contemplative Order ordained by Venerables Pannavati and Pannadipa.

The format is 30 minutes of meditation followed by discussion and dharma study, including works of authors in the Insight tradition, especially the Thai Forest teachers. The group is also supported by additional Dharmacharyas-in-training with Buddhist recovery experience.

Contact: Christie Bates (Passatininna) Phone - (615) 802-7287

Email - mettaphoric@gmail.com