### Woodinville - WA

<table>
<thead>
<tr>
<th><strong>Type:</strong></th>
<th>Buddhist 12 Step Recovery</th>
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<tbody>
<tr>
<td><strong>Venue:</strong></td>
<td>Sit Happens - Online</td>
</tr>
<tr>
<td><strong>Days:</strong></td>
<td>Monday</td>
</tr>
<tr>
<td><strong>Time:</strong></td>
<td>7:30pm - 9:30pm</td>
</tr>
<tr>
<td><strong>Address:</strong></td>
<td>We are meeting online at this time email for info., Woodinville, WA 98072</td>
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<tr>
<td><strong>Other info:</strong></td>
<td>Buddhist 12-Step Study Group is a Buddhist addiction recovery meeting. According to facilitator Rebecca Andrew, we welcome people of all beliefs and addiction recoveries. We start our meeting with a quick check-in. Each person shares what has been going on with them lately. This gives us a chance to get to know each other better. Next, we take turns reading aloud from the current book selection on Buddhism and recovery. Then, we do a 20 minute silent meditation. After meditating, we have an open discussion about the material we read. We close with a 5 minute meditation.</td>
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<tr>
<td><strong>Contact:</strong></td>
<td>Rebecca - Email - <a href="mailto:rdandrew@hotmail.com">rdandrew@hotmail.com</a>  Website - <a href="http://www.wuuc.org">www.wuuc.org</a></td>
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<tr>
<td>or</td>
<td><a href="https://wuuc.org/calendarevent/buddhist-12-step-study-group-p2/all/">https://wuuc.org/calendarevent/buddhist-12-step-study-group-p2/all/</a></td>
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