

Recovery Meetings - United States

Seattle - WA

Type: Mindful Recovery

Venue: Fremont Recovery Sangha - MEETING ONLINE

Suburb: Fremont

Days: Mondays (weekly)

Time: 7:30 - 8:30pm

Address: 3902 Woodland Park Ave N, Fremont, Seattle, WA 98103 - Use the gate on
Woodland Park Ave N

Other info: **Meeting Online until Further Notice**

<https://zoom.us/j/260276303>

Dial In: 1 253 215 8782
Meeting ID: 260 276 303

20 minutes of mindfulness meditation followed by a short reading Of Buddhist teachings and dharma related to recovery. The meeting will then be open for group and peer share followed by a short closing meditation.

There is plenty of street parking in the area and the Mldnight Cookie Company two doors down!

Contact: Jeremy - Email - risingsunmindfulness@gmail.com