

Recovery Meetings - United States

Berkeley - CA

Type: Berkeley Dharma and Recovery

Venue: **Berkeley Buddhist Monastery**

Days: Fourth Tuesday of each month

Time: 7:30pm - 9:00pm

Address: 2304 McKinley Ave, Berkeley, CA 94704 - Corner of Bancroft Ave, across from Washington School.

Other info: Who: Anyone interested in recovery, mindfulness, meditation, and Buddhism. Led by Kevin Griffin and others.
Details: 30 minute sit followed by Q&A and Dharma talk. No food or drinks in the meditation hall. For those who are chemically sensitive, the monks burn incense. Please treat the monastery with respect for their tradition.
To join mailing list, go to www.kevingriffin.net and select "Bay Area/Nor Cal only" email list.

Contact: For information Email - kevgriffin2@comcast.net