Recovery Meetings - United States

**Berkeley - CA**

**Type:** Berkeley Dharma and Recovery

**Venue:** Berkeley Buddhist Monastery

**Days:** Fourth Tuesday of each month

**Time:** 7:30pm - 9:00pm

**Address:** 2304 McKinley Ave, Berkeley, CA 94704 - Corner of Bancroft Ave, across from Washington School.

**Other info:**
- Who: Anyone interested in recovery, mindfulness, meditation, and Buddhism.
- Led by Kevin Griffin and others.
- Details: 30 minute sit followed by Q&A and Dharma talk. No food or drinks in the meditation hall. For those who are chemically sensitive, the monks burn incense. Please treat the monastery with respect for their tradition.
- To join mailing list, go to [www.kevingriffin.net](http://www.kevingriffin.net) and select “Bay Area/Nor Cal only” email list.

**Contact:** For information Email - kevgriffin2@comcast.net