

Recovery Meetings - United States

Asheville - NC

Type: Mindfulness and 12 Step Recovery Meeting

Venue: Asheville 12 Step Recovery Club

Days: Wednesday

Time: 7:30pm - 8:45pm

Address: 22B New Leicester Highway, Asheville, NC 28806 - G4

Other info: *Who:* Open to anyone from any 12 Step Recovery program.

What: This meeting combines actual meditation practice, open sharing, plus brief readings or talks linking Mindfulness Meditation practice to the specific 12 Step of that month.

Cost: We pass the basket to help cover operating costs and refreshments at Asheville 12 Step Recovery Club.

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