

Recovery Meetings - United States

San Francisco - CA

- Type:** Sitting & Discussion Group for People in Recovery
- Venue:** San Francisco Zen Center
- Days:** Mondays
- Time:** 7:30pm - 9:00pm
- Address:** 300 Page Street, San Francisco, CA 94102
- Other info:** This is a drop-in group, started in 2000, for those interested in exploring the connection between Buddhist teaching and practice and recovery work. Although we are based on a 12 Step model, everyone is welcome, including friends and family members of people in recovery. The evening includes a short meditation instruction, 20 minutes of silent mediation, a talk and an open discussion. The group is led by Buddhist practitioners in recovery. By donation. Check the [SFZC](#) website for retreats and other offerings for people in recovery.
- Contact:** Phone - (415) 863-3136 Email - ccoffice@sfzc.org Website - www.sfzc.org