English

Type: Recovery Dharma: Online Sitting Group (note: meeting goes from 7 AM - 8 AM Eastern)

Venue: Videoconference

Days: Friday

Time: 7:00am - 8:00am

Other info: Meeting type:

- English
- Open

This meeting serves as an opportunity to gather for a group meditation and sharing fellowship. We stay after the meeting for casual talk, to exchange contact information, and to answer questions.

Contact: Email - rdharmaonline@gmail.com

Website - https://recoverydharma.online/sitting-groups/

or https://recoverydharma.online/