

Recovery Meetings - United States

Kalamazoo - MI

Type: Buddhist 12 Step Recovery

Venue: Online

Days: Tuesday

Time: 6:30pm - 8:00pm

Address: Kalamazoo, Kalamazoo, MI 49004

Other info: Meeting is online with Zoom, email for for more info.

We welcome anyone seeking relief and recovery from the suffering caused by substance-related and behavioral addictions.

We seek to apply Buddhist principles to our recovery and in our lives in order that we may learn to recognize our attachments, practice letting go, and uncover our basic Buddha nature.

Join us in practicing meditation, discussing Buddhist teachings, and learning skills and tools for your recovery.

Meeting activities:

- Greeting and Introduction
- Meditation Practice
- Recovery/Buddhist Reading
- Discussion and Sharing

Beginners and those more experienced in meditation are welcome. If you are new to meditation, instruction is available.

Donations accepted.

You are welcome to [contact us!](#)

Contact: Mary Email - marmi76226@aol.com