

Recovery Meetings - United States

Pittsfield - MA

Type: Buddhism and the 12 Steps

Venue: **George B. Crane Memorial Center**

Days: Fridays

Time: 5:30pm - 6:30pm

Address: 81 Linden St., Pittsfield, MA 01201

Other info: Our weekly Buddhism and the 12 Steps Recovery Meeting is open to people of all recovery paths, including but not limited to, all 12 Step programs. We incorporate Buddhist teachings and practices as tools for recovery from any addiction. A daily practice of mindfulness and meditation is encouraged. Our meetings begin with meditation, followed by reading and discussion and concludes with a Buddhist prayer or blessing.

Our meeting was established under The Pittsfield Sangha, founded by Pema Tara. The Pittsfield Sangha is currently led by Mr. Bruce McCarter.

Our meeting operates within the AA tradition. A basket is passed to collect funds to pay for the rent of the space.

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