

# Recovery Meetings - United States

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## Studio City - CA

**Type:** The Heart of Recovery Meditation Group (Buddhism and the 12 steps)

**Venue:** Unitarian Universalist Church of Studio City

**Days:** 1st & 3rd Thursday of the month

**Time:** 8:15pm - 9:30pm

**Address:** 12355 Moorpark St, Studio City, CA 91604

**Other info:** All 12-step and recovery meditation groups welcomed.

The Heart of Recovery is a meditation and sharing support group with the purpose of bringing together the practice of meditation, the Shambhala and Buddhist teachings, and the Twelve Steps of Recovery with the goal of integrating the basic sanity of the Dharma and the basic goodness of meditation with our commitment to abstinence. We welcome all those who wish to share in these common interests. The best way to stay in touch and keep up with upcoming gatherings is to sign to our meetup group where you will be able to add upcoming meeting dates and times to your calendar and receive the latest announcements.

**Contact:** Website - [meetup.com/The-Heart-of-Recovery-in-Los-Angeles](https://www.meetup.com/The-Heart-of-Recovery-in-Los-Angeles)