

Recovery Meetings - United Kingdom

Manchester - Manchester

Type: Eight Step Recovery - Manchester Buddhist Centre

Venue: Online

Days: Friday

Time: 5:30pm - 6:30pm

Address: 16-20 Turner St., Manchester, Manchester M4 1DZ

Other info: A friendly and warm weekly online Eight Step Meeting, for anyone in recovery, at whatever stage. No need to book – just join us by clicking the button below a few minutes before we start. We have been meeting weekly since January, first in the Buddhist Centre and online since lockdown.

This meeting explores recovery through the lens of the Buddhist teachings, and Buddhism through the lens of recovery. If you are attending Twelve Step meetings, this can be your expression of your eleventh step. If you are not, it can be another way to approach your recovery. This is an extra meeting to complement your recovery, whatever that looks like.

Frequency: weekly, including Christmas Day and New Year's Day

Join Zoom Meeting

<https://zoom.us/j/600678280>

Meeting ID: 600 678 280

Further information and weblink:

<https://manchesterbuddhistcentre.org.uk/whats-on/eight-step-recovery/2020-12-04/>

Contact: Email - info@manchesterbuddhistcentre.org.uk Website - [Manchester Buddhist Centre](#)