

Recovery Meetings - United States

Oakland - CA

Type: Compassionate Dharma Deep Refuge: Eight Step Recovery Meeting

Venue: Online - East Bay Meditation Center

Days: Saturday (Last)

Time: 10:00am - 12:00pm

Address: Zoom Teleconference (285 17th Street, Oakland, CA 94612)

Other info: EBMC offers a Recovery, Deep Refuge Buddhist meeting with a focus on ways to heal addiction. Based on the Eight Steps to Recovery developed by Dr. Mason-John M.A (hon.doc) and Dr Groves, we believe this inclusive approach can build a solid foundation for those at any level of recovery and for those who have yet to seek help.

The EBMC Eight Step Recovery Meeting will be meeting weekly online.

There is no fee to attend this online session. However, to give a gift to EBMC, please click here: <https://bit.ly/2QceQEs>

Join Zoom Meeting

<https://zoom.us/j/96632846668?pwd=WTazVy9DTm1QdVdUNXdxN0ZsTnAxQT09>

Meeting ID: 966 3284 6668
Passcode: sand

Through these practices we hope you gain a practice that can sustain you in your recovery.

We ask that you attend sober on the day with respect for others that may be active in recovery. Open to all in Recovery.

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