

Recovery Meetings - United States

Vero Beach - FL

Type: Refuge Recovery

Venue: Center for Spiritual Care

Days: Monday

Time: 6:00pm - 7:15pm

Address: 1550 24th St., Vero Beach, FL 32960

Other info: Refuge Recovery is a non-profit organization grounded in the belief that Buddhist principles and practices create a strong foundation for a path to freedom from addiction. This is an approach to recovery that understands: All individuals have the power and potential to free themselves from the suffering that is caused by addiction. We feel confident in the power of the Dharma, if applied, to relieve suffering of all kinds, including the suffering of addiction. This is a process that cultivates a path of awakening, the path of recovering from the addictions and delusions that have created so much suffering in our lives and in this world.

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