

Recovery Meetings - United Kingdom

Norwich - Norfolk

Type: Norwich Buddhist Recovery Group

Venue: Inner Space

Days: Mondays

Time: 19:00 - 20:00

Address: 34 St Benedicts Street, Norwich, Norfolk NR2 4PF

Other info: The intention of the Norwich Buddhist Recovery Group is to support those who are interested in investigating and applying Buddhist teachings and practices to their recovery from addiction. We are open to people of all backgrounds and recovery paths.

Our weekly peer led meetings include a guided meditation, reading of Buddhist recovery literature and group sharing.

Meeting is free; donations appreciated.

Contact: Email - norwichbuddhistrecovery@gmail.com