

Recovery Meetings - United States

Winston-Salem - NC

Type: Piedmont Triad 12 Step Meditation Meeting

Venue: 930 Burke St

Days: Sunday

Time: 11:30am (1 hour meeting)

Address: 930 Burke St, Winston-Salem, NC 27101

Other info: Grounded in the 11th Step of Alcoholics Anonymous, exploring mindfulness and Buddhist principles within the 12 Steps of Alcoholics Anonymous, the meeting format is as follows: Reading; Meditation; and Discussion.

The group is peer led and relies upon the San Francisco Zen Center's "9 Essays: Buddhism & The 12 Step Model of Recovery."

The meeting is open to all 12 Step fellowships (NA, DAA, NA, etc...)

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