

Recovery Meetings - United States

Lexington - KY

Type: Refuge Recovery

Venue: Gratz Park

Days: Saturday

Time: 2:30pm - 4:00pm

Address: 250 W 3rd St, Lexington, KY 40508 - Main meeting area

Other info: Refuge Recovery is a mindfulness-based addiction recovery community that practices and utilizes Buddhist philosophy as the foundation of the recovery process; it is a practice, a process, a set of tools, a treatment, and a path to healing addiction and the suffering caused by addiction of all kinds.

All are welcome.

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