

Recovery Meetings - United States

Northridge - CA

Type: A Step in the Right Direction - Refuge Recovery

Venue: Northridge Medical Building

Days: Mondays

Time: 6:30 - 8pm

Address: 9535 Reseda Blvd #300, Northridge, CA 91324

Other info: Refuge Recovery is Buddhist-inspired approach to recovery from addictions of all kinds. We are a community of people who are using the practices of mindfulness, compassion, forgiveness and generosity to heal the pain and suffering that addiction has caused in our lives and the lives of our loved ones.

Contact: Email - refugerecoverylosangeles@gmail.com