Recovery Meetings - United States

Olympia - WA

Type: Buddhist 12-Step Study Group

Venue: Online - Olympia First Christian Church

Days: Thursday

Time: 6:30pm - 8:00pm

Address: ZOOM Video Conference (Normally at 701 Franklin St. SE), Olympia, WA 98501 - Meeting in the "Sacred Space"

Other info: Meeting Online until Further Notice

https://us02web.zoom.us/j/92469615963?pwd=K0pFVis1QWlzZRwa3JxeFFpdURpUT09

The meeting begins with a 30-minute guided meditation.

The group takes a small tea break before a group reading & discussion of 12-Step Buddhist literature to support participants' walk down the eight-fold path of recovery. Typically, a new book is read every six to eight months.

Contact: Aletha M or Jim B Email - B12Olympia@gmail.com