**Olympia - WA**

**Type:** Buddhist 12-Step Study Group

**Venue:** Online - Olympia First Christian Church

**Days:** Thursday

**Time:** 6:30pm - 8:00pm

**Address:** ZOOM Video Conference ( Normally at 701 Franklin St. SE ), Olympia, WA 98501 ) - Meeting in the "Sacred Space"

**Other info:** Meeting Online until Further Notice

[https://us02web.zoom.us/j/92469615963?pwd=K0pFVis1QWlzZXRwa3JxeFFpdURpUT09](https://us02web.zoom.us/j/92469615963?pwd=K0pFVis1QWlzZXRwa3JxeFFpdURpUT09)

The meeting begins with a 30-minute guided meditation.

The group takes a small tea break before a group reading & discussion of 12-Step Buddhist literature to support participants' walk down the eight-fold path of recovery. Typically, a new book is read every six to eight months.

**Contact:** Aletha M or Jim B Email - B12Olympia@gmail.com