

# Recovery Meetings - United States

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## Olympia - WA

**Type:** Buddhist 12-Step Study Group

**Venue:** First Christian Church, Library

**Days:** Thursdays (weekly)

**Time:** 6:30pm - 8:00pm

**Address:** 701 Franklin St. SE, Olympia, WA 98501

**Other info:** Participants each briefly report on their meditation and recovery work at the start of each meeting. Guided group meditation follows. The group breaks for tea, questions and answers, and a little conversation after meditation. The last 45 minutes together are structured by group reading & discussion of 12-Step Buddhist Literature to support participants' walk down the eight-fold path and recovery. A new book is read every six to eight months.

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