Recovery Meetings - United States

Santa Cruz - CA

Type: Ordinary Recovery
Venue: Santa Cruz Zen Center
Days: Fridays
Time: 6:45pm - 7:45pm
Address: 113 School Street, Santa Cruz, CA 95060
Other info: Sponsored by the Santa Cruz Zen Center, the group began November 6, 2009, and meets in the Zendo.
This is a group for people working with recovery and the addictive mind.
Sessions consist of 20 minutes of meditation, a reading and short talk, followed by open discussion.
The group is open to all addictions and those interested in integrating all modes of addiction recovery practice, including 12-step work, with Zen Buddhism.

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