Davis - CA

Type: Meditation, Recovery and Exploration

Venue: Online

Days: Wednesdays

Time: 6:30pm - 7:30pm

Address: Online, Davis, CA 95616

Other info: Explores the connection between Buddhist practice and teachings, and recovery work.

Online (contact group secretary (Ted P.) for Zoom meeting info)

The evening includes a 20-minute period of meditation, a short talk, and a group discussion in 12-step format. Beginners to Buddhist practice and/or all types of recovery are welcome.

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