

Recovery Meetings - Codependency

. - EN

Type: Mindful Recovery for Family & Beloveds

Venue: Facebook

Days: Facebook

Time: n/a

Address: Online, ., EN

Other info: We are family and friends of addicts in recovery who have learned ~ my suffering is my loved one's suffering and...my happiness is my loved one's happiness. We practice mindful awareness, taking care of pain with compassion and watering seeds of hope, strength and resilience.

Contact: Karla Website - www.facebook.com/groups/872228733522960