Dockweiler - CA

**Type:** Family Support | Supporting Each Other

**Venue:** Online

**Days:** Monday

**Time:** 5:30pm

**Address:** Online, Dockweiler, CA

**Other info:** Families, friends, allies and Wise Friends: We come together to meditate and talk about supporting the people in our lives (including ourselves) who may be struggling with deep suffering, addiction and/or disordered thinking. This person may or may not be in recovery. This is a trauma informed Recovery Dharma affinity group.

*Monday at 8:30pm ET/5:30 PT (excluding holiday)*

**Zoom ID:** 820 465 66211 **Password:** 311311

**Contact:** Email - RD@ChooseNamaste.com