

Recovery Meetings - Telephone - Online

English

Type: On the "isms" daily 90 min meeting 6:45am EST

Venue: **Online**

Days: Sunday

Time: 6:45am - 8:15

Other info: Daily meeting with rotating topic

Meeting URL:

<https://meet.google.com/iqv-yvya-zvt>

Sunday

Recovery Dharma Book Reading / Discussion

Monday:

Topic / Discussion

Tuesday

Silent Meditation - Feel free to mix seated and walking meditation

Wednesday

Beginner's Meeting

Thursday

Other Literature

Friday

Speaker, if available - 1st Friday of the month

Topic / Discussion

Saturday:

Group Consensus

Contact: Email - john.taylor.7809@gmail.com