Recovery Meetings - Germany

Berlin - Berlin

Type: Recovery Dharma: Berlin. Germany

Venue: Online - MEN/NON BINARY

Days: Thursday

Time: 8:00pm - 9pm

Address: Online, Berlin, Berlin

Other info: MEN/NON BINARY 60min focus on sexual responsibility (3rd Precept)

The meeting format is:

- Introductory readings about RD’s practices and principles
- 10min short True Intimacy focused reading
- 15min guided intermediate meditation
- 25min group sharing about literature topic, meditation or our recovery

Meeting has been active for over 2 years.

Contact:

Email - recoverydarmaberlin@gmail.com

Website - http://recoverydharma.de/meetings or https://recoverydharma.org