

Recovery Meetings - United States

Madison - WI

Type: MARS is a weekly virtual Meditation and Recovery Space

Venue: **Online**

Days: Tuesday

Time: 5:30pm - 6:30pm

Address: Online, Madison, WI

Other info: MARS is a weekly virtual Meditation and Recovery Space for people interested in exploring meditation, Buddhist teachings and addiction recovery. MARS is independent and not affiliated with any recovery program or Buddhist group.

Our primary commitment is supporting each other in recovery from addiction. We do our best to offer a safe space for recovery by treating ourselves and one another with kindness and respect.

The meeting format is a fifteen minute guided meditation followed by a reading and reflections first by the week's group leader, then other participants. The meeting closes with a three minute silent meditation and closing dedication.

Connection info:

Join Zoom Meeting

<https://us02web.zoom.us/j/226079762?pwd=V041K3ZnZk5GT2pNRHM2M3k0L3BLUT09>

Meeting ID: 226 079 762

Password: 076973

Dial by your location

+1 312 626 6799 US (Chicago)