

Recovery Meetings - United States

Minneapolis - MN

Type: Mindfulness in the 12 Steps

Venue: **Common Ground Meditation Center**

Days: Fridays

Time: 7:00pm - 8:30pm

Address: 2700 26th Street East, Minneapolis, MN 55406

Other info: This ongoing program is for those seeking spiritual development by practicing the principles of the Twelve Steps and the Buddha's teachings in everyday life. This program supplements recovery and is designed to reveal to us that consistent mindfulness practice is vital to spiritual progress. This ongoing practice group is open to all who have an interest in mindfulness and the Twelve Steps.

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