

# Recovery Meetings - United States

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## Brooklyn - NY

**Type:** B-12 Buddhism and the 12 Steps of Recovery

**Venue:** Online - Brooklyn Zen Center

**Days:** Sunday

**Time:** 6:00pm - 7:30pm

**Address:** 326 Clinton Street, Brooklyn, NY 11231

**Other info:** "B-12" is a Brooklyn 12-Step Sangha open to people from any recovery program who would like to explore the Buddhist path through the 12 Steps. We begin our evenings with brief meditation instruction, followed by a period of mediation, a short talk and discussion.

- Our meetings are open to all members of a 12-Step recovery program.
- The group is led by senior practitioners in recovery.
- [Donation](#) requested.

B-12 is offering online meetings via Zoom every Sunday, from 6 to 7:30pm EST.

To join the online meetings, please email in advance. For specific meeting dates, please see the [BZC Calendar](#).

**Contact:** Maya P. Phone - (718) 701-1083 Email - [b12recoverybrooklyn@gmail.com](mailto:b12recoverybrooklyn@gmail.com)

Website - <https://brooklynzen.org/programs/b-12/>