

Recovery Meetings - United States

New York - NY

Type: Eight Step Recovery - Triratna NY/NJ Sangha

Venue: Online - Triratna NY

Days: Wednesday

Time: 7:00 pm to 8:30

Address: Online, New York, NY 10003

Other info: **Meeting begins on September 7, 2022**

Exploring addiction and recovery through the lens of Buddhism, hosted by the Triratna NY/NJ Buddhist Sangha

Open to open to anyone who identifies as being in recovery from addiction, habitual behaviors and obsessive tendencies.

We focus on the Buddhist Teachings to overcome addiction. Great supplement to 12-step recovery programs.

Log onto Website for Zoom link:

<https://www.triratna-nyc.org/all-events-list/recovery-wednesdays>

Based on the book: Eight Step Recovery: Using The Buddha's Teachings to Overcome Addiction, by Dr. Valerie Vimalasara Mason-John (hon.doc) and Dr. Paramabandhu Groves PhD

Contact: Email - Info@triratna-NYC.org

Website - <https://www.triratna-nyc.org/all-events-list/recovery-wednesdays>

or <https://www.triratna-nyc.org/>