Los Osos - CA

Type: Buddhism and 12 Step Recovery Meeting

Venue: Bayside Martial Arts

Days: Thursdays

Time: 7:30 - 8:30

Address: 1200 2nd S., Baywood, Los Osos, CA 93402

Other info:
20 minutes of meditation followed by reading from literature and sharing for the remaining 40 minutes. Meditation instruction and information about 12 step recovery available after the meeting has ended.

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