

Recovery Meetings - United States

San Francisco - CA

Type: Sangha in Recovery, 2011-2012

Venue: San Francisco Zen Center

Address: 300 Page Street, San Francisco, CA 94102

Other info: The San Francisco Zen Center is offering, in three trimesters, a yearlong experience of Sangha for people in recovery.

Those who join this group will commit to the practice of meditation three times a week (either at home or in a formal setting), attending a class on basic Buddhist concepts, meeting together and individually with the organizing teachers. Other opportunities will be offered throughout the year as electives.

This program is open to anyone in recovery from substance abuse or behavioral disorder. We ask that you be already involved in a recovery program and that you have a minimum of a year of continuous sobriety. Sangha in Recovery is not meant to replace, but to augment, our efforts elsewhere.

The year will be divided into three trimesters and the events scheduled to accommodate working people. The fees listed cover the class, the group meetings and meetings with teachers for the first trimester. The elective events are offered at a reduced rate for those enrolled in Sangha in Recovery.

For more information go to the [SFZC](#) website.

Contact: Outreach Coordinator, Jeffrey Schneider Phone - (415) 354-0379

Website - www.sfzc.org