Dockweiler - CA

Type: Like Minded | Mental Health and Wellness

Venue: Online

Days: Wednesday

Time: 2:30pm

Address: Online, Dockweiler, CA

Other info: Mental health and co-occurring/dual diagnosis around the RD Communities: This is a trauma informed Recovery Dharma affinity group for people who are living with a mental illness along with substance use disorder and/or process addictions. We will discuss – and practice – the importance of connection, community, and compassion.

Wednesday at 5:30pm ET/2:30 PT (excluding holiday)

Zoom ID: 812 4377 8399 Password: 311311

Contact: Email - RD@ChooseNamaste.com