**Pittsburgh - PA**

**Type:** Heart of Recovery Pittsburgh

**Venue:** Rear Carriage House and Online

**Days:** Wednesday

**Time:** 7pm

**Address:** 733 N Highland Ave Rear, Pittsburgh, PA 15206

**Other info:** Meetings are open to all—Buddhist practitioners from all traditions, Twelve Step practitioners from all programs and/or anyone struggling with addiction.

Meeting format includes sitting practice, a topic offering in the form of brief comments or a reading by the night’s facilitator, followed by discussion and exploration by group members, sharing our personal experience, strength and hope.

Meetings are anonymous and confidential. Meetings are in person and on zoom (separate meetings).

Heart of Recovery, Also on Zoom: Every Wednesday, 7:00-8:30 p.m. Please contact Barb for the Zoom link at heartofrecoverypgh@gmail.com

**Contact:**

- Email - heartofrecoverypgh@gmail.com
- Website - www.heartofrecoverypgh.wordpress.com