

Recovery Meetings - United States

Philadelphia - PA

Type: Meditation and Recovery - Sitting on the cushion, the next right step

Venue: Online - The Philadelphia Meditation Center

Suburb: Havertown

Days: Wednesday

Time: 7:30pm (doors open at 7pm)

Address: 8 East Eagle Road, Havertown, Philadelphia, PA 19083

Other info: Meeting via Zoom
<https://zoom.us/j/7362240836?pwd=YkJwM2pqM2p6YTNhZXp4NjF0T2FRUT09>

Meeting Id: 736 224 0836

Password: dharma

All are welcome!

Using the booklet "9 Essays: Buddhism and the 12th Step Model of Recovery" made available to us by the generosity of the San Francisco Zen Center, this group will be exploring the connection between practice and recovery. Our mission is to bridge the Twelve Steps of AA and the four Noble Truths of Buddhism. The meeting will include a 20 minute silent meditation sit, a reading from the "9 Essays", and an open discussion in the format of an AA meeting.

Booklets can be downloaded from the internet. Click to download a PDF file of "[9 Essays on Buddhism & the 12 Step Model of Recovery](#)"

We will be adhering to the AA traditions (which include anonymity and confidentiality).

Creating a supportive community is an opportunity to strengthen our commitment to daily practice.

Contact: Phone - DIANE - (484) 326-1102 - WILLIAM - (610) 608-4499

Email - doeyann@hotmail.com or williamorem1@gmail.com

Website - www.philadelphiameditation.org