

Recovery Meetings - United States

Ravenna - OH

Type: Recovery Dharma

Venue: **Our Place**

Days: Sunday

Time: 2pm

Address: 260 west main st, Ravenna, OH 44266

Other info: For a little over a year, Our Place, a peer-run recovery center in Ravenna, Ohio, has been hosting weekly Dharma Recovery meetings. The meetings convene every Sunday afternoon at 2:00. The group generally listens to a short teaching related to that day's meditation or reading. This is followed by a 20-25 minute Buddhist meditation. After the meditation, we have a group discussion related to the talk and meditation. The second half of the meeting consists of reading about Buddhist recovery. Currently, we are using the book Recovery Dharma. Again, group participation and discussion are encouraged. By listening to each other, our understanding of the Dharma grows. We try to encourage an atmosphere in which dialogue happens. We welcome all interested people to come to a meeting and experience the support of our group practice.

For full schedule of meetings at Open United Recovery (Our Place) visit the website at www.openunitedrecovery.org.

Contact: Email - gencare@mac.com